

### GAU #3 A vs C -JUNIOR MEN

Race No	Name	School	Age Cat	Sex	Lap1	Lap2	Lap3	Lap4	Lap5	TOTAL TIME
240	HENNIE VAN WYK	GARSFONTEIN HS	JUNIORS	M	11:11	10:38	10:48	10:37	10:30	0:53:47
107	WICUS BREYTENBACH	GARSFONTEIN HS	JUNIORS	M	11:11	10:38	10:48	10:43	10:41	0:54:03
145	WAYNE VAN DER WALT	TRANSVALIA HS	JUNIORS	M	11:10	10:40	10:47	10:46	11:08	0:54:33
122	ERICK HEYNS	MENLOPARK HS	JUNIORS	M	11:12	11:01	10:58	10:49	10:54	0:54:56
246	LEONARD WILCOCKS	DIRK POSTMA HS	JUNIORS	M	11:24	10:56	10:58	10:47	10:51	0:54:56
183	MATTHIAM HOFMANN	WATERKLOOF HS	JUNIORS	M	11:24	10:56	10:57	10:49	11:22	0:55:29
1219	MELCOLM BOTES		JUNIORS	M	11:39	11:05	11:01	11:11	10:47	0:55:45
1214	CHRIS DU PLESSIS	MENLOPARK HS	JUNIORS	M	11:39	11:03	11:02	11:12	10:58	0:55:56
120	ZANDER HAARHOFF	OVERKRUIJN HS	JUNIORS	M	11:41	11:02	11:02	11:11	11:08	0:56:07
214	KEVIN SCHOLTZ	JOHN VORSTER HTS	JUNIORS	M	11:59	11:08	11:24	11:10	10:49	0:56:32
209	ANTON ROELOFSE	JOHN VORSTER HTS	JUNIORS	M	12:01	11:08	11:23	11:10	10:49	0:56:33
219	DEHAN SMITH	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	11:40	11:03	11:10	11:34	11:11	0:56:41
242	BENNO VENTER	JOHN VORSTER HTS	JUNIORS	M	12:01	11:07	11:25	11:09	11:07	0:56:51
123	FREDDIE HUMPHRIES	MENLOPARK HS	JUNIORS	M	12:14	11:13	11:06	11:09	11:08	0:56:51
210	RUAN ROSSOUW	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	11:41	11:22	11:28	11:11	11:31	0:57:15
193	DJ KRUGER	TRANSVALIA HS	JUNIORS	M	12:15	11:19	11:06	11:24	11:11	0:57:17
147	BOELA VAN STADEN	TRANSVALIA HS	JUNIORS	M	11:53	11:41	11:16	11:15	11:11	0:57:17
132	LUHAN MARITZ	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	11:54	11:33	11:24	11:43	11:31	0:58:07
167	LIAM EDWARDS	MIDSTREAM COLLEGE	JUNIORS	M	11:41	11:21	11:35	12:02	11:37	0:58:19
158	REYNARD CHRISTIE	WATERKLOOF HS	JUNIORS	M	12:23	11:46	11:29	11:34	11:28	0:58:41
195	PAUL MEYER	MENLOPARK HS	JUNIORS	M	12:17	11:46	11:38	11:33	11:29	0:58:45
245	MARCO VISSER	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	12:29	11:49	11:40	11:29	11:38	0:59:07
110	TIAN COETZEE	MONTANA HS	JUNIORS	M	12:02	11:47	11:52	11:38	12:04	0:59:24
144	STEPHAN VAN DER WALT	KEMPTON PARK HS	JUNIORS	M	13:11	11:22	11:25	11:32	12:01	0:59:33
950	WERNER VAN ZYL	TRANSVALIA HS	JUNIORS	M	12:44	11:33	11:42	11:44	11:54	0:59:39
1215	RUSSO RETIEF	WATERKLOOF HS	JUNIORS	M	12:34	11:55	11:43	11:48	11:56	0:59:59
186	THINUS JACOBS	TRANSVALIA HS	JUNIORS	M	12:50	11:48	11:55	11:55	11:53	1:00:23
238	MJ VAN STADEN	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	12:46	11:32	11:22	12:17	12:54	1:00:53
960	JAYDEN MICHAEL LANG	SHANGRI-LA ACADEMY	JUNIORS	M	12:30	12:26	12:42	11:54	11:32	1:01:06

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198	LAFRAS MOOLMAN	DIE WILGERS HS	JUNIORS	M	13:09	12:34	12:33	12:44	10:06	1:01:08
149	CLIFFORD WYMAN	KEMPTON PARK HS	JUNIORS	M	13:05	11:53	12:03	12:21	11:51	1:01:16
161	HENCO DE LANGE	MONTANA HS	JUNIORS	M	12:43	12:12	12:06	12:22	11:52	1:01:17
130	REABETSWE MAKOFANE	MAMELODI HIGH	JUNIORS	M	14:02	11:59	11:48	11:54	11:32	1:01:17
184	SHELDON HUMAN	OOS MOOT HS	JUNIORS	M	13:03	12:08	12:21	11:59	11:50	1:01:23
203	JOHAN OOSTHUIZEN	WATERKLOOF HS	JUNIORS	M	13:08	12:05	12:24	12:06	11:46	1:01:31
151	ANTON BARNARD	TRANSVALIA HS	JUNIORS	M	12:33	11:45	11:45	12:56	12:29	1:01:31
1218	TLOTLO SELALA	MAMELODI HIGH	JUNIORS	M	13:39	12:08	11:55	12:01	11:46	1:01:32
164	XANDER DREYER	MAGALIES SPESIALE SKOOL	JUNIORS	M	13:15	11:59	11:59	12:12	12:13	1:01:41
134	BRADLEY MOORE	JEPPE BOYS	JUNIORS	M	13:02	12:09	12:18	12:14	12:33	1:02:18
124	CHRISTOPHER KOEN	DRIEHOEK HS	JUNIORS	M	13:34	12:13	12:07	12:28	12:02	1:02:26
111	HARNO COETZER	WONDERBOOM HS	JUNIORS	M	13:41	12:09	12:06	12:25	12:38	1:03:01
201	CAREL NEL	TRANSVALIA HS	JUNIORS	M	13:14	12:26	12:32	12:48	12:35	1:03:36
113	WOUTER DREYER	GARSFONTEIN HS	JUNIORS	M	13:18	12:36	12:38	12:42	12:25	1:03:42
221	NICOLAAS SPIES	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	14:12	12:20	12:22	12:22	12:35	1:03:53
229	CORNEL VAN DE VYVER	WATERKLOOF HS	JUNIORS	M	14:12	12:27	12:27	12:28	12:20	1:03:55
207	JUANDRÉ PRINSLOO	WATERKLOOF HS	JUNIORS	M	13:34	12:12	12:29	12:59	12:39	1:03:56
127	JAN-HARM LINDEQUE	GARSFONTEIN HS	JUNIORS	M	13:18	12:25	12:33	12:51	12:48	1:03:57
237	REUBEN VAN RENSSSEN	OOS MOOT HS	JUNIORS	M	13:40	12:29	12:40	12:40	12:44	1:04:15
180	EWAN HAVINGA	MONTANA HS	JUNIORS	M	13:33	12:35	12:43	12:42	12:48	1:04:23
187	PETRIE JANSEN VAN RENSBURG	DRIEHOEK HS	JUNIORS	M	14:04	12:24	12:31	12:42	13:18	1:05:00
140	JOHAN SMUTS	MIDSTREAM COLLEGE	JUNIORS	M	13:52	12:51	12:46	12:17	13:46	1:05:34
521	MELCOLM BOTES	MONTANA HS	JUNIORS	M	10:56	13:03	12:51	12:49		
146	ELRO VAN DER WESTHUIZEN	CURRO ROODEPLAAT	JUNIORS	M	13:23	12:50	12:58	12:45		
153	MARNUS BEETGE	WATERKLOOF HS	JUNIORS	M	14:16	12:45	12:29	12:49		
129	DONAVAN MAGEE	ALBERTON HIGH	JUNIORS	M	13:38	12:59	13:09	12:53		
1217	FRANCO NEL	OVERKRUIJN HS	JUNIORS	M	13:14	13:34	12:53	12:58		
265	SLOANE HARDCASTLE	BOKSBURG HIGH	JUNIORS	M	14:20	12:48	12:56	12:49		
128	CHRISTOPHER MAGEE	ALBERTON HIGH	JUNIORS	M	13:41	13:21	12:56	12:55		
205	GARY PAGE	JOHN VORSTER HTS	JUNIORS	M	14:38	12:37	13:03	12:39		
133	RUAN MEISSENHEIMER	VEREENIGING GIMNASIUM	JUNIORS	M	14:31	12:54	12:47	13:04		

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191	WARREN KRIEL	ALBERTON HIGH	JUNIORS	M	14:03	13:00	13:15	12:59		
176	CAMERON VANCE GRIFFIN-COETZER	ALBERTON HIGH	JUNIORS	M	14:06	13:09	13:07	12:56		
202	HEINRICH OBERHOLZER	DRIEHOEK HS	JUNIORS	M	14:11	12:53	13:11	13:16		
218	CHRISTOPHER SMIT	OOS MOOT HS	JUNIORS	M	14:28	13:08	13:06	12:53		
154	ZANDER BOSCH	DRIEHOEK HS	JUNIORS	M	14:12	13:21	13:14	12:53		
152	MARAIS BASSON	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	14:15	13:12	13:16	13:14		
213	DANIEL SCHOLTZ	DRIEHOEK HS	JUNIORS	M	14:03	12:58	13:19	13:44		
292	BRANDON LEE COETZEE	ALBERTON HIGH	JUNIORS	M	14:02	13:00	13:28	14:46		
190	CAMDEN KENCH	ST DUNSTAN'S COLLEGE	JUNIORS	M	12:45	11:41	23:47	13:10		
1205	CONNOR COAKLIN	JEPPE BOYS	JUNIORS	M	14:07	13:21	13:27			
166	EDRIC DUFFEY	DRIEHOEK HS	JUNIORS	M	14:52	13:16	13:41			
248	MICHAEL ANDRE WEST	CARPE DIEM WINGATEPARK	JUNIORS	M	15:10	13:21	13:19			
223	HANJO-ELME STOLZ	MENLOPARK HS	JUNIORS	M	15:14	13:18	13:20			
244	CHARL VILJOEN	DRIEHOEK HS	JUNIORS	M	14:32	13:57	13:50			
220	WIHAN SNYMAN	SILVER OAKS INTERNATIONAL SCHOOL	JUNIORS	M	15:14	13:28	13:41			
1201	TOBIAS-LOUIS LUBBE	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	15:02	13:39	13:42			
1216	JAYDEN BOSHOF	ERASMUS HS	JUNIORS	M	15:16	13:36	13:34			
178	ROHNAN HARRIS	GARSFONTEIN HS	JUNIORS	M	15:11	13:38	13:39			
182	AIDAN HENWOOD	GARSFONTEIN HS	JUNIORS	M	15:34	13:31	13:34			
131	JUSTIN MAREE	MONTANA HS	JUNIORS	M	15:13	13:34	13:52			
162	EDUARD DE MUELENAERE	GARSFONTEIN HS	JUNIORS	M	15:54	13:20	13:28			
157	HENRICO BROOKS	VEREENIGING GIMNASIUM	JUNIORS	M	15:16	13:58	14:13			
235	CHRISTOPHER VAN NIEKERK	MONTANA HS	JUNIORS	M	16:01	13:45	13:55			
177	LANDRE GROENEWALD	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	15:38	14:18	13:53			
118	LOURENS GELDENHUYS	EDUPLEX	JUNIORS	M	16:38	13:35	13:36			
1211	LIAM VAN SCHALKWYK	CURRO ROODEPLAAT	JUNIORS	M	15:17	14:05	15:02			
126	RIKU LE ROUX	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	11:41	13:35				
233	BRANDON VAN DYK	WONDERBOOM HS	JUNIORS	M	14:02	13:06				
967	BRANDEN DE DOUALLIER	ALBERTON HIGH	JUNIORS	M	15:36	13:41				
217	ETHAN SIEBRITS	WATERKLOOF HS	JUNIORS	M	15:39	14:15				
189	RAINIER JOUBERT	GARSFONTEIN HS	JUNIORS	M	16:02	14:38				

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1204	ECKHARD WURM	GARSFONTEIN HS	JUNIORS	M	16:22	14:23				
192	DEHAN KRUGER	TRANSVALIA HS	JUNIORS	M	16:17	15:14				
241	JANDRE VAN WYK	MONTANA HS	JUNIORS	M	16:26	15:05				
971	VINCENT THOMPSON	DRIEHOEK HS	JUNIORS	M	15:49	15:48				
159	JOHN DAWSON	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	16:46	15:07				
208	GERTHARD ROELOFSE	JOHN VORSTER HTS	JUNIORS	M	15:36	16:18				
116	RUBEN BAREND FOURIE	DRIEHOEK HS	JUNIORS	M	16:38	15:17				
199	IVAN NAUDE	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	16:29	15:38				
247	JACO WILLEMSE	MONTANA HS	JUNIORS	M	17:14	14:58				
999	PETRUS JANDRE VAN DER MERWE	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	16:16	15:56				
1203	MICHAEL GERBER	GARSFONTEIN HS	JUNIORS	M	16:50	15:25				
252	REUBEN VAN ROOYEN	GARSFONTEIN HS	JUNIORS	M	17:18	15:47				
224	ROELOF SWANEPOEL	GARSFONTEIN HS	JUNIORS	M	17:38	15:54				
197	STEPHAN MITTERMAIER	DRIEHOEK HS	JUNIORS	M	17:44	16:41				
1213	HARDUS VENTER	GARSFONTEIN HS	JUNIORS	M	18:20	16:13				
958	RYNHARD LATEGAN	DR. MALAN (MEYERTON)	JUNIORS	M	17:07	17:28				
204	XANDER OX	DRIEHOEK HS	JUNIORS	M	18:19	16:37				
243	LEONARD VENTER	WATERKLOOF HS	JUNIORS	M	18:22	18:04				
260	JASON FOURIE	MAGALIES SPESIALE SKOOL	JUNIORS	M	18:59	19:15				
962	KYLE PEPLER	CURRO SERENGETI	JUNIORS	M	19:41	18:37				
211	FOURIE ROUX	AFRIKAANS HO?R SEUNSSKOOL	JUNIORS	M	47:32	11:15				
212	ANDREAS SCHALEKAMP	GARSFONTEIN HS	JUNIORS	M	11:25					
101	MAURITZ AUCAMP	DRIEHOEK HS	JUNIORS	M	12:47					
267	MICHAEL OLIVIER	DR. MALAN (MEYERTON)	JUNIORS	M	19:45					
297	TERTIUS VAN ROOYEN	DR. MALAN (MEYERTON)	JUNIORS	M	21:25					
1208	WIEHAN DELAFIELD	WATERKLOOF HS	JUNIORS	M	21:48					
108	BRANDON BROWN	BOKSBURG HIGH	JUNIORS	M	22:19					
227	LOURENS UYS	DRIEHOEK HS	JUNIORS	M	01:17					

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